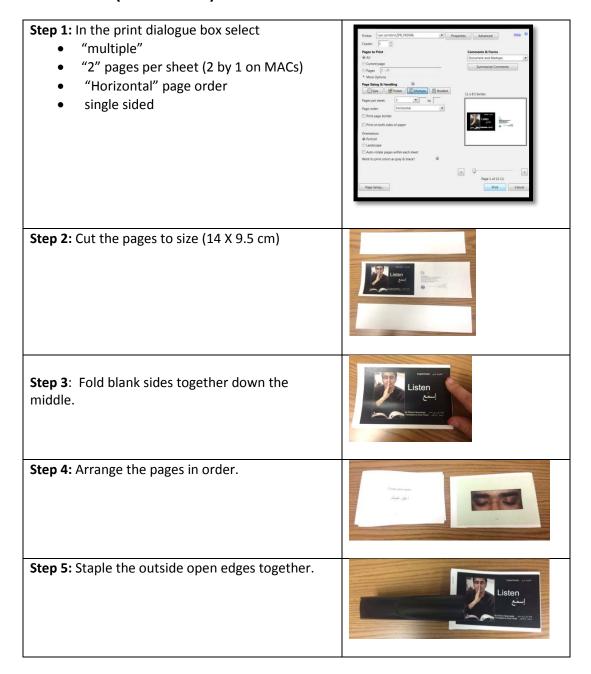
## How to Put Together a "Live Well" Book

## Mini-Book (12 X 9.5 cm)



## Large Format book (28 x 21.5 cm, 8.5 x 11")

**Step 1:** In the print dialogue box, select "landscape" orientation, print on "both sides" and "flip on short-edge.

Step 2: Arrange the pages in order.

**Step 3:** Staple the left edge of pages together.

